

Post operative care for crowns and bridges

Care for your Crowns and Bridges

Your dentist has just provided you with a crown/bridge. These are advanced pieces of dental restorative work which require careful maintenance. The following are important for caring of your new crown or bridge. Careful tooth brushing, especially around the necks of the crown, can prevent decay (holes), as this area can act as a plaque trap.

Flossing your teeth especially in between areas where a crown or bridge is present.

When a bridge has been provided cleaning under the false tooth is very important. This is done using special floss called 'Super Floss' your dentist will instruct you in regard to your particular bridge. This should be done at least once a day.

Regular dental examinations for professional monitoring of your restoration are imperative. Your dentist may need to take x-rays to check the health of the tooth that supports the crown/bridge.

Gums around crowns and bridges are more susceptible to disease than natural teeth. They require more dental care not less.

Warning – Inadequate dental hygiene may result in receding gums which are unsightly and very difficult to treat.

Your restoration will have a long life and serve you well, if it is cared for properly.